

Stephen Minister Training Schedule - Fall 2025

Thursdays, 6-8:30 - Room 206 - Thornton Campus

Key:

PCR (Pre-Class Reading) / *SMTM* (Stephen Minister Training Manual) / *CC-AWOL* (Christian Caregiving—a Way of Life) *CA* (Caring Assertiveness: Relating Directly, Honestly, and with Respect) / *WAH* (When and How to Use Mental Health Resources: A Stephen Ministry Guide)

	Date	Module	Reading Assignment Due for This Session
1	9/4/25	T-1 The Person of the Caregiver	Snack provided at 7:00
2	9/11/25	T-2 Feelings: Yours, Mine, and Ours	<i>SMTM</i> , "Feelings: Yours, Mine, and Ours" PCR <i>CC-AWOL</i> , preface–chapter 4
3	9/18/25	T-3 The Art of Listening	<i>SMTM</i> , "The Art of Listening" PCR <i>CC-AWOL</i> , chapters 5–8
4	9/25/25	T-4 Distinctively Christian Caring— Part 1	<i>CC-AWOL</i> , chapters 9–14
5	10/2/25	T-4 Distinctively Christian Caring— Part 2	<i>CA</i> , introduction–chapter 3
6	10/9/25	T-5 A Process Approach to Caring	<i>SMTM</i> , "A Process Approach to Caring" PCR <i>CA</i> , chapters 4–7
7	10/16/25	T-6 Assertiveness: Relating Gently and Firmly—Part 1	<i>CA</i> , chapters 8–11
8	10/23/25	T-6 Assertiveness: Relating Gently and Firmly—Part 2	<i>CA</i> , chapters 12–18
9	10/30/25	T-7 Maintaining Boundaries in Caregiving T-8 Crisis Theory and Practice	<i>SMTM</i> , "Maintaining Boundaries in Caregiving" PCR <i>SMTM</i> , "Crisis Theory and Practice" PCR
10	11/6/25	T-9 Confidentiality	<i>SMTM</i> , "Confidentiality" PCR <i>WAH</i> , preface–chapter 3
11	11/13/25	T-10 Caring between Visits: Caregiving and Communications Technology	<i>SMTM</i> , "Caring Between Visits" PCR <i>WAH</i> , chapters 4–6
12	11/20/25	T-11 Using Mental Health Professionals and Other Community Resources	<i>SMTM</i> , "Using Mental Health Professionals and Other Community Resources" PCR <i>WAH</i> , chapter 7–appendix C
13	12/4/25	T-12 Ministering to Those Experiencing Grief	<i>SMTM</i> , "Ministering to Those Experiencing Grief" PCR
14	12/11/25	T-13 Caring for Those with Depression: The Stephen Minister's Role	<i>SMTM</i> , "Caring for Those with Depression: The Stephen Minister's Role" PCR

15	12/18/25	T-14 Understanding Suicide: How to Help People Get the Care They Need	<i>SMTM</i> , "Understanding Suicide: How to Help People Get the Care They Need" PCR
16	1/8/26	T-15 Bringing the Caring Relationship to a Close	<i>SMTM</i> , "Bringing the Caring Relationship to a Close" PCR
17	1/15/26	T-16 Supervision: A Key to Quality Christian Care—Part 1	<i>SMTM</i> , "Supervision: A Key to Quality Christian Care— Part 1" PCR
18	1/22/26	T-16 Supervision: A Key to Quality Christian Care—Part 2	<i>SMTM</i> , "Supervision: A Key to Quality Christian Care— Part 2" PCR
19	1/29/26	T-17 How to Make a First Caring Visit	<i>SMTM</i> , "How to Make a First Caring Visit" PCR
20	2/5/26	Banquet Dinner and Commissioning	<i>SMTM</i> , "Go—God Is with You!" PCR

Stephen Leader to contact in case of emergencies, absences, or questions:

Audrey Speed - 303-981-9641 - audreycspeed@gmail.com

Chris Amdahl - 720-934-7468 - Chris.amdahl@crossroadsabc.com