

## Stephen Ministry Training - Fall 2021

### Thursdays, 6-8:00 - Room 206 - Thornton Campus

Session	Date	Module	Module Name	Reading Assignment Due This Session
1	9-2	T-1	The Person of the Caregiver	
2	9-9	T-2	Feelings: Yours, Mine, and Ours	<ul style="list-style-type: none"> <li>▶ Feelings: Yours, Mine, and Ours Preclass Reading, <i>SMTM</i><sup>1</sup></li> <li>▶ Preface through chapter 7 in <i>Christian Caregiving—a Way of Life</i></li> </ul>
3	9-16	T-3	The Art of Listening	<ul style="list-style-type: none"> <li>▶ The Art of Listening Preclass Reading, <i>SMTM</i></li> <li>▶ Chapters 8–13 in <i>Christian Caregiving—a Way of Life</i></li> </ul>
4	9-23	T-4	Distinctively Christian Caring—Part 1	<ul style="list-style-type: none"> <li>▶ Chapters 14–20 in <i>Christian Caregiving—a Way of Life</i> (Bring your copy of the book.)</li> </ul>
5	9-30	T-4	Distinctively Christian Caring—Part 2	<ul style="list-style-type: none"> <li>▶ Distinctively Christian Caring Preclass Reading, <i>SMTM</i></li> <li>▶ Introduction through chapter 3 in <i>Speaking the Truth in Love</i></li> <li>▶ Bring <i>Christian Caregiving—a Way of Life</i>.</li> </ul>
6	10-7	T-5	Process versus Results in Caregiving	<ul style="list-style-type: none"> <li>▶ Process versus Results in Caregiving Preclass Reading, <i>SMTM</i></li> <li>▶ Review chapters 2 and 18 in <i>Christian Caregiving—a Way of Life</i></li> <li>▶ Chapters 4–7 in <i>Speaking the Truth in Love</i></li> </ul>
7	10-14	T-6	Assertiveness: Relating Gently and Firmly—Part 1	<ul style="list-style-type: none"> <li>▶ Chapters 8–12 in <i>Speaking the Truth in Love</i> (Bring your copy of the book.)</li> </ul>
8	10-21	T-6	Assertiveness: Relating Gently and Firmly—Part 2	<ul style="list-style-type: none"> <li>▶ Chapters 13–18 in <i>Speaking the Truth in Love</i> (Bring your copy of the book.)</li> </ul>
9	10-28	T-7	Maintaining Boundaries in Caregiving	<ul style="list-style-type: none"> <li>▶ Maintaining Boundaries in Caregiving Preclass Reading, <i>SMTM</i></li> </ul>
		T-8	Crisis Theory and Practice: Danger versus Opportunity	<ul style="list-style-type: none"> <li>▶ Crisis Theory and Practice: Danger versus Opportunity Preclass Reading, <i>SMTM</i></li> </ul>

<sup>1</sup> Reading assignments are to be completed before a particular session. You need to read these assignments prior to coming to the session. The abbreviation *SMTM* stands for *Stephen Ministry Training Manual*. Note that when you read books, the reading assignment schedule spreads out the reading of the book over several weeks prior to covering the book's subject matter in class.



10	11-4	T-9	Confidentiality	<ul style="list-style-type: none"> <li>▶ Confidentiality Pre Class Reading, <i>SMTM</i></li> <li>▶ Introduction through chapter 3 in <i>When and How to Use Mental Health Resources</i></li> </ul>
11	11-11	T-10	** Using technology in our Care Relationships	<ul style="list-style-type: none"> <li>▶ Telecare: The Next Best Thing to Being There Preclass Reading, <i>SMTM</i></li> <li>▶ Chapters 4–6 in <i>When and How to Use Mental Health Resources</i></li> </ul>
12	11-18	T-11	Using Mental Health Professionals and Other Community Resources	<ul style="list-style-type: none"> <li>▶ Using Mental Health Professionals and Other Community Resources Preclass Reading, <i>SMTM</i></li> <li>▶ Chapter 7 – appendix E in <i>When and How to Use Mental Health Resources</i> (Bring your copy of the book.)</li> </ul>
13	12-2	T-12	Ministering to Those Experiencing Grief	▶ Ministering to Those Experiencing Grief Preclass Reading, <i>SMTM</i>
14	12-9	T-13	Dealing with Depression: The Stephen Minister's Role	▶ Dealing with Depression: The Stephen Minister's Role Preclass Reading, <i>SMTM</i>
15	12-16	T-14	Helping Suicidal Persons Get the Help They Need	▶ Helping Suicidal Persons Get the Help They Need Preclass Reading, <i>SMTM</i>
16	1-6	T-15	Bringing the Caring Relationship to a Close	▶ Bringing the Caring Relationship to a Close Preclass Reading, <i>SMTM</i>
17	1-13	T-16	Supervision: A Key to Quality Christian Care—Part 1	▶ Supervision: A Key to Quality Christian Care—Part 1 Preclass Reading, <i>SMTM</i>
18	1-20	T-16	Supervision: A Key to Quality Christian Care—Part 2	<ul style="list-style-type: none"> <li>▶ Supervision: A Key to Quality Christian Care—Part 2 Preclass Reading, <i>SMTM</i></li> <li>▶ Review “The Structure of Small Group Peer Supervision,” <i>SMTM</i></li> </ul>
19	1-27	T-17	How to Make a First Caring Visit	▶ How to Make a First Caring Visit Preclass Reading, <i>SMTM</i>
20	2-3		Banquet Dinner and Commissioning	

Stephen Leader to contact in case of emergencies, absences, or reading assignment confusion:

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